

HOPE

IN THE MIDST OF TROUBLE



When you or your kid(s) are going through hard times, you need reminders of God's goodness, His faithfulness, and His promises. Even if you or your kid(s) feel like He's far away, the truth of His Word is everlasting. Be intentional about spending some quality time with your kid(s) this month. During that time, share the following verses with them and remind God's character and the hope He offers. You can also write these verses on note cards for them and place them in their lunches, on the refrigerator, or even use a dry-erase marker to write them on a bathroom mirror.

GOD NEVER CHANGES

- Hebrews 13:8 – Jesus Christ is the same yesterday and today and forever.
- James 1:17 – Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.
- Numbers 23:19 – God is not man, that he should lie, or a son of man, that he should change his mind. Has he said, and will he not do it? Or has he spoken, and will he not fulfill it?

GOD IS FAITHFUL

- Psalm 36:5 – Your love, Lord, reaches to the heavens, your faithfulness to the skies.
- Psalm 119:90 – Your faithfulness continues through all generations; you established the earth, and it endures.
- Hebrews 10:23 – Let us hold unswervingly to the hope we profess, for he who promised is faithful.

GOD LOVES YOU

- 1 John 3:1 – See what great love the Father has lavished on us, that we should be called children of God!
- Isaiah 54:10 – Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken, nor my covenant of peace be removed," says the Lord, who has compassion on you.
- Jeremiah 31:3 – The Lord appeared to us in the past, saying: "I have loved you with an everlasting love; I have drawn you with unfailing kindness.

GOD IS WITH YOU

- Deuteronomy 31:8 – The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”
- Joshua 1:9 – “Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”
- Psalm 46:1 – God is our refuge and strength, an ever-present help in trouble.

GOD IS YOUR REFUGE

- Psalm 9:9 – The Lord is a refuge for the oppressed, a stronghold in times of trouble.
- Psalm 62:8 – Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.
- Psalm 33:20 – We wait in hope for the Lord; he is our help and our shield.

GOD KEEPS HIS PROMISES

- Numbers 23:19 – God is not human, that he should lie, not a human being, that he should change his mind. Does he speak and then not act? Does he promise and not fulfill?
- Hebrews 10:23 – Let us hold unswervingly to the hope we profess, for he who promised is faithful.
- Deuteronomy 7:9 – Know therefore that the Lord your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commandments.

GOD GIVES YOU REST

- Matthew 11:28 – Come to me, all you who are weary and burdened, and I will give you rest.
- Exodus 33:14 – The LORD replied, “My Presence will go with you, and I will give you rest.”
- Psalm 23:1-3 – The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name’s sake.

