

## BIBLICAL COUNSELING

### Week One (Danny Hodges)

- Who is to do counseling? (chapter 8,)
- The crisis in Christian counseling (possibly glean from MacArthur's book)
- The Lord as counselor (Read chapters 1 & 8 before 1<sup>st</sup> class)
- Homework: Read chapters 2 & 3

### Week Two

- Counseling & Discipleship/Sanctification (chapters 2 & 3)
- Homework: Read chapter 4

### Week Three

- God's Word in counseling (chapter 4)
- Homework: Read chapters 5 & 6

### Week Four

- The Holy Spirit & prayer in counseling (chapters 5 & 6)
- Homework: read chapter 7

### Week Five

- Church life in counseling (chapter 7)
- Homework: Read chapter 10

### Week Six

- Vital issues for most counseling situations (chapter 10)
- Chapter nine required reading in preparation for this class
- Read chapter 11

### Week Seven

- Guidelines for the counseling situation (chapter 11)
- Homework: Read chapters 12-14

#### Week Eight

- Renewing our mind (chapters 12-14)
- Homework: Read remainder of our textbook

#### Week Nine

- Spiritual warfare (chapter 15)
- Read remainder of the book for this class

#### Week Ten

- Counseling Resources (Graham, MacArthur, Driscoll)
- Go over some counseling scenarios

#### Week Eleven

- Continue from week ten

### Additional Counseling Resources

***How to Counsel God's Way***, by Bob Hoekstra

***www.blueletterbible.org***: This book is about learning to counsel one another from the Word of God, living the Christian life and helping others do the same, and discerning the difference between biblical counsel and psychological counsel.

***The Billy Graham Christian Worker's Handbook: A Topical Guide with Biblical Answers to the Urgent Concerns of Our Day***, by Billy Graham

***www.blueletterbible.org***: Is this book for you? Do you remember that number displayed on the television Billy Graham Crusades? The Billy Graham Christian Worker's Handbook was developed for the people who answer those calls--at various telephone ministry centers around the nation. Either you or someone you know may have volunteered at one of those centers. The Handbook has also been used by numerous Christian laypersons committed to sharing Christ and reaching out to people in need. Its 83 chapters cover a wide range of human concerns. Each chapter includes: A "Background" discussion of the particular problem or concern. A "Helping Strategy" to guide you in witness and ministry. The complete text of selected Bible passages relating to each subject. The Billy Graham Christian Worker's Handbook is a valuable resource for any Christian interested in sharpening his or her skills in using the Bible to share Christ with a needy world

***Counseling: How to Counsel Biblically***, by John MacArthur

***www.blueletterbible.org***: In this remarkable volume solid theological foundations of biblical counseling are clearly presented in contrast to humanistic and secular theories of psychological counseling. A practical, proactive, and relevant book for students, church leaders, and lay people. This collection of writers represents some of America's leading biblical teachers and counselors

***Death by Love: Letters from the Cross***, by Mark Driscoll

***www.crossway.org***: Real people. Real sin. Transformed lives. A compilation of heartfelt letters written from a pastor to his people that explains Jesus' work on the cross. *Death by Love* is a unique book on the cross of Jesus Christ. While many books debate the finer points of the doctrine of the atonement, what is often lost are the real-life implications of Jesus' death on the cross for those who have sinned and have been sinned against. Written in the form of pastoral letters, *Death by Love* outlines the twelve primary effects of Jesus' death on the cross and connects each to the life of a different individual.

***Quick Scripture Reference for Counseling***, by John G. Kruis

***www.blueletterbible.org***: For over a decade, this useful guidebook has served as an essential tool for Christians - counselors, pastors, and laypeople alike - who desire to be thoroughly equipped with Scripture, prepare for every good work. In fact, the more equipped you are, says John Kruis in the introduction to this popular counseling tool, the more effective you will be in helping others. This new edition, now revised and expanded, is specifically designed to help all God's people use the Scriptures more effectively in their lives. Subjects covered in the third edition include: Anxiety; Forgiveness of sins; Hope; Peacemakers, peacekeepers; Temptation; Training children. Scripture quotations are from the popular NIV. Passages are listed under relevant topics, carefully and thoughtfully arranged so that you can see their significance at a glance. Best yet, you'll have pertinent Bible passages at your fingertips, right when you need them the most.

## Biblical Counseling, Summer 2012

### Suggested Podcasts

Matt Chandler, [theresurgence.com](http://theresurgence.com): Matt Chandler serves as lead pastor of **The Village Church** in Highland Village, TX. He describes his 7 year tenure at The Village as a re-planting effort where he was involved in changing the theological and philosophical culture of the congregation. The church has witnessed a tremendous response growing from 160 people to over 5000 including two satellite campuses (Denton and Northway). Alongside his current role as lead pastor, Matt is involved in church planting efforts both locally and internationally through The Village and various strategic partnerships. Prior to accepting the pastorate at The Village, Matt had a vibrant itinerant ministry for over ten years where he spoke to hundreds of thousands of people in America and abroad about the glory of God and beauty of Jesus.

Tim Keller, [www.monergism.com](http://www.monergism.com): Tim Keller's Redeemer Presbyterian (PCA) is "one of Manhattan's most vital congregations," according to Christianity Today [12/04], started a Church Planting Center in 2001, and its phone has not stopped ringing since. He is committed to the church planting movement and 'entering the culture's stories and retelling them with the gospel.' Redeemer's vision is to spread the gospel, first through ourselves and then through the city by word, deed, and community; To bring about personal changes, social healing, and cultural renewal through a movement of churches and ministries that change New York City and through it, the world. Keller promotes a robust Reformed Christianity that has a vision that encompasses not only doctrinal statements, but also our piety, evangelistic outreach, and missions of mercy.

Danny Hodges, [calvarystp.org](http://calvarystp.org): In 1987 Danny was led to join the fellowship of Calvary Chapels (a non-denominational movement founded by Pastor Chuck Smith of Costa Mesa, California in the late 60's) where he found common ground among pastors who upheld these same convictions. Since that time Calvary Chapel St. Petersburg has steadily grown under the faithful, uncompromising teaching of Pastor Danny. His genuine sense of realness, disarming transparency, and humorous down-to-earth style have become the trademarks of this expository teacher.



Counselor: \_\_\_\_\_

Date: \_\_\_\_\_

## Biblical Counseling Ministry

Please indicate:      **Marriage Counseling** \_\_\_\_\_      **Personal Counseling** \_\_\_\_\_

### *PERSONAL INFORMATION:*

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_  
Address \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

### *FAMILY INFORMATION:*

Single \_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widow \_\_\_\_\_  
Name of spouse: \_\_\_\_\_ Age \_\_\_\_\_ Date Married \_\_\_\_\_  
Have you been married previously? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you have children? If so, what are the ages \_\_\_\_\_  
Have there been any deaths in the family in the past two years? \_\_\_\_\_

### *EMPLOYMENT INFORMATION:*

Are you employed? \_\_\_\_\_ Where: \_\_\_\_\_  
How long have you been at this position? \_\_\_\_\_  
Is your spouse employed? \_\_\_\_\_ Where: \_\_\_\_\_  
How long has he/she been at this position? \_\_\_\_\_

### *SPIRITUAL INFORMATION:*

Do you believe in God? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_  
Is your spouse a Believer or Non Believer? \_\_\_\_\_  
Do you pray to God? Regularly \_\_\_\_\_ Occasionally \_\_\_\_\_ Never \_\_\_\_\_  
Do you read the Bible? Regularly \_\_\_\_\_ Occasionally \_\_\_\_\_ Never \_\_\_\_\_  
Is Calvary Chapel your home church? Yes \_\_\_\_\_ No \_\_\_\_\_ How Long? \_\_\_\_\_  
How many times per month do you attend church? \_\_\_\_\_  
Have you received Jesus Christ as your Savior: Yes \_\_\_ No \_\_\_ If Yes, when? \_\_\_\_\_  
Has your spouse received Jesus Christ as Savior: Yes \_\_\_ No \_\_\_ If Yes, When? \_\_\_\_\_  
If yes, when? \_\_\_\_\_  
Have you been baptized in water since you received Christ? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you been baptized in the Holy Spirit? Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_  
If yes, when? \_\_\_\_\_  
Have you been involved in any cults or occult practices? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, explain: \_\_\_\_\_  
Are you currently involved in a Ministry? If so, what Ministry and Ministry Leader: \_\_\_\_\_  
Do you currently attend a Life Group/Small Group? \_\_\_ Which One? \_\_\_\_\_  
Have you counseled with anyone here at Calvary Chapel? \_\_\_\_\_  
Name of Pastor or Counselor? \_\_\_\_\_

**HEALTH INFORMATION:**

Rate your health: Very Good \_\_\_\_\_ Good . Average \_\_\_\_\_ Poor \_\_\_\_\_

Please list any significant illnesses, injuries, or handicaps: \_\_\_\_\_

Please list any medication(s) you are presently taking: \_\_\_\_\_

Have you ever or do you now use alcohol or drugs? \_\_\_\_\_

**BRIEFLY ANSWER THE FOLLOWING QUESTIONS**

1. What are your main problems or areas of concern?

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Spouses reply:

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2. What have you done to resolve this problem?

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Spouses reply:

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3. Please describe what person(s), situation(s) or activities that trigger this problem or make it worse.

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Spouses reply:

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4. Is there any other information we should know?

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Spouses reply:

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**BIBLICAL COUNSELING MINISTRY POLICIES**

1. By accepting counseling by the Biblical Counseling Ministry, the counselee agrees to the following:
  - A. To commit themselves and be faithful to the purpose of the counseling.
  - B. To commit to be open and honest during the counseling sessions.
  - C. To commit and be diligent in the completion of all homework and/or exercises assigned.
  - D. To commit to a regular schedule of worship, Bible study, and prayer agreed upon with the counselor.
  - E. To commit to attend a Life Group
2. All counselors are a part of the Biblical Counseling Ministry and are spiritually mature and Biblically knowledgeable.
3. All counselors are to open and close every counseling session with prayer and are to refer to an open Bible during the counseling session.
4. Lay counselors are not to discuss any counseling session with anyone who is not a pastor or minister of Calvary Chapel St. Petersburg. Any contact with a party outside of the foregoing or the counselee may be initiated only after first obtaining both written pastoral permission and written permission of the counselee or through pastoral determination. This privacy and confidentiality privilege may only be modified as set forth herein.
5. Certain communications made by a counselee, may be required under applicable Florida law to be reported to the appropriate legal authorities. In these instances the counselor and the Biblical Counseling Ministry will make every effort to work with the counselee to address these issues.
6. Men are not permitted to counsel women one on one and women are not permitted to counsel men one on one without pastoral approval.
7. Biblical Counseling is a ministry. Therefore, there is not to be any compensation for any type of Biblical Counseling. Any relationship that extends into the possibility of fees is to be clearly identified to the counselee and approved by the pastoral staff. (Example: legal or accounting work)
8. All officially scheduled counseling is to be done at the church building unless written pastoral permission is granted. The written permission must state where the counseling shall take place, under what circumstances the counseling will take place, and the number of times this counseling will be permitted.
9. Pastoral approval is required for anyone to be counseled more than three times.
10. The failure to adhere to the above commitments may result in the counseling relationship being terminated. The termination of counseling will in no way authorize the publication or discussion of any of the privileged communications acquired during the counseling sessions except as herein set forth and as set forth in the Guidelines of the Biblical Counseling Ministry.
11. Any violations of the above policies should be reported to the Pastor of the Biblical Counseling Ministry or to any of the Pastors at Calvary Chapel St. Petersburg

I have read and understand Calvary Chapel's Biblical Counseling Ministry Policies and I agree to submit to them. I also understand that I am not seeking nor receiving professional paid counseling, but I am asking for Biblical Spiritual advice. I also understand that confidentiality of my disclosures will be maintained by the Counselor and the Pastoral Staff of Calvary Chapel within the guidelines listed in the Biblical Counseling Ministry Policies and pursuant to applicable Florida law. I understand that all lay counselors will act as a conduit to the Pastoral Staff.

\_\_\_\_\_  
**Name - Please Print**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Spouse - Please Print**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**





*(Please take with you and read the Financial Assistance Guidelines completely so that you will understand our policies. Your request will be given to a pastor for consideration & you will be contacted within a few working days.)*

## **CALVARY CHAPEL ST. PETERSBURG FINANCIAL ASSISTANCE GUIDELINES**

**“Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love Him.”**

James 1:12

The primary focus of the Special Needs Ministry is to minister to members within our own fellowship who are facing a financial emergency or experiencing a hardship which interferes with meeting their basic family needs. The Special Needs fund is not intended for meeting long-term financial needs. Requests will be prayerfully considered using the guidelines below. Please read the following carefully so you will understand the criteria we use to base our decisions. As soon as a determination has been made, someone from the church staff will contact you.

1. As a part of this body, we strongly recommend (if you are not already doing so) that you become involved in a home fellowship or small group, so that you may receive the support and strength that comes from fellowship with your brothers and sisters in Christ. Applicants who are not in regular fellowship at Calvary Chapel will be considered last in priority.
2. The focus of the benevolence ministry is assisting with basic needs, such as food and shelter.
3. It is never our purpose in providing benevolence to relieve the consequences of unrepented sin (Luke 15:16-17). Calvary Chapel looks to assist those people in need who are seeking to be obedient to the Lord's will.
4. Benevolence is given to assist the recipient as he or she works through the problem, not to bail an individual out of their situation. (Leviticus 19:9-10). Galatians 2:10 tells us to help the needy. 1 Timothy 5 tells us that we must discern who is really in need. 2 Thessalonians 3:10 says, “If anyone will not work, neither shall he eat.”
5. Calvary Chapel's response to a request will not be predicated upon the urgency of circumstances. Rather, any urgency will be prompted by the Holy Spirit. Requests for benevolence require pastoral review, which may take several days.
6. In some cases, applicants may be required to meet with a Calvary Chapel Financial Counselor before any benevolence is administered.
7. Applicants who ignore or do not follow through with suggested counsel may be denied their request.
8. All follow-up and follow through is the responsibility of the person submitting the request.
9. Any violation of honesty will disqualify a request.
10. All benevolence checks will be made payable to the debtor only, and never to the recipient of the financial aid (i.e. utility company, landlord, etc.).
11. Calvary Chapel's response to a request is considered to be confidential. A violation of confidentiality may result in disqualification of a request currently being considered and/or future requests.

*\* Also, any assistance given is not to be considered as a loan, however, as the Lord allows and enables you in the future, you might consider giving a gift to the Special Needs fund.*

# Request For Financial Assistance

Date: \_\_\_\_\_

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## PLEASE FILL OUT FORM COMPLETELY

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Sex: \_\_\_\_\_

Current Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Pager/Cell: \_\_\_\_\_

Family ID # \_\_\_\_\_ (Tithing #)

## FAMILY INFORMATION: (CIRCLE ONE)

Single      Married      Separated      Divorced      Widow(er)

Spouse's Name (if applicable): \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Names & ages of other family living with you: \_\_\_\_\_

Names & ages of anyone else living with you: \_\_\_\_\_

## HOUSING INFORMATION: (CIRCLE ONE)

Rent      Own      Live with Family      Live with Friends

## EMPLOYMENT INFORMATION

Are you currently employed? \_\_\_\_\_ If YES, where? \_\_\_\_\_ How long? \_\_\_\_\_

If NO, how long have you been unemployed? \_\_\_\_\_

If yes, how long were you unemployed before you acquired your present position? \_\_\_\_\_

Is your spouse employed? \_\_\_\_\_ If YES, where? \_\_\_\_\_ How long? \_\_\_\_\_

If NO, how long has he/she been unemployed? \_\_\_\_\_

## OTHER INFORMATION

Have you requested financial help from Calvary Chapel **BEFORE**? \_\_\_\_\_ When? \_\_\_\_\_

What bills are you seeking help with and what are their approximate amounts? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe in detail the **circumstances** that have caused you to need financial help: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What steps have you taken to resolve your current need before coming to the church? \_\_\_\_\_

Do you receive Government assistance? Yes \_\_\_\_\_ No \_\_\_\_\_ If YES: \_\_\_\_\_

Social Security: \$ \_\_\_\_\_ AFDC: \$ \_\_\_\_\_ Food Stamps: \$ \_\_\_\_\_

Unemployment Compensation: \$ \_\_\_\_\_ WIC: \$ \_\_\_\_\_

Workman's Compensation: \$ \_\_\_\_\_ SSI: \$ \_\_\_\_\_

Child Support: \$ \_\_\_\_\_ Other means of Income: \$ \_\_\_\_\_

Were you referred to us and if so, by whom? \_\_\_\_\_

Is Calvary Chapel YOUR home church? Yes \_\_\_\_\_ No \_\_\_\_\_ If YES, how long? \_\_\_\_\_

Which service do you attend most often? If more than one please list all: \_\_\_\_\_

List any small group ministries you are involved with on a regular basis & the leader's name (i.e. Life group, Bible study, accountability group, etc):

If you are not involved with a small group, list people and their phone numbers who know you and are a part of Calvary Chapel:

Have you been counseled by anyone at Calvary Chapel? \_\_\_\_\_ When? \_\_\_\_\_

Who counseled you? \_\_\_\_\_

***In order for us to make a wise decision, it may be necessary for us to contact the person(s) listed above. Do you understand this? Yes \_\_\_\_\_ No \_\_\_\_\_***

If you **DO NOT** attend here, what is your home church? \_\_\_\_\_ Pastor: \_\_\_\_\_

Have you asked your home church for assistance? \_\_\_\_\_ Their answer and reason: \_\_\_\_\_

**HEALTH INFORMATION:**

Rate your health: Very Good \_\_\_\_\_ Good \_\_\_\_\_ Average \_\_\_\_\_ Poor \_\_\_\_\_

Please list any significant illnesses, injuries, or handicaps that would prevent you from working: \_\_\_\_\_

**Please take with you and carefully read the "Financial Assistance Application Guidelines" so that you will understand our policies. Your request will be given to a pastor for consideration & you will be contacted within a few working days.**

I acknowledge that I have read and understood the above, and all information surrendered is true and correct to the best of my knowledge.

Applicant's Signature \_\_\_\_\_

Date \_\_\_\_\_