

BIBLICAL COUNSELING

Week One (Danny Hodges)

- Who is to do counseling? (chapter 8,)
- The crisis in Christian counseling (possibly glean from MacArthur's book)
- The Lord as counselor (Read chapters 1 & 8 before 1st class)
- Homework: Read chapters 2 & 3

Week Two

- Counseling & Discipleship/Sanctification (chapters 2 & 3)
- Homework: Read chapter 4

Week Three

- God's Word in counseling (chapter 4)
- Homework: Read chapters 5 & 6

Week Four

- The Holy Spirit & prayer in counseling (chapters 5 & 6)
- Homework: read chapter 7

Week Five

- Church life in counseling (chapter 7)
- Homework: Read chapter 10

Week Six

- Vital issues for most counseling situations (chapter 10)
- Chapter nine required reading in preparation for this class
- Read chapter 11

Week Seven

- Guidelines for the counseling situation (chapter 11)
- Homework: Read chapters 12-14

Week Eight

- Renewing our mind (chapters 12-14)
- Homework: Read remainder of our textbook

Week Nine

- Spiritual warfare (chapter 15)
- Read remainder of the book for this class

Week Ten

- Counseling Resources (Graham, MacArthur, Driscoll)
- Go over some counseling scenarios

Week Eleven

- Continue from week ten

Church-life in Counseling

Common scenarios: During the discovery phase you learn:

- Church is an event to attend
 - Lone wolves
 - No meaningful relationships
 - No meaningful service

- Distrust other Christians
 - Burned in the past
 - Don't want people "in their business"

- "I love God...."
 - "I just don't like people"
 - "It's just Christians I have a problem with"

Today we'll show:

- 1) Like marriage, Christianity is relational. It cannot be practiced by itself
- 2) To grow, a person must flow within the body of Christ

First, some theology.....

At salvation, God weds us to:

- Christ
- Christians
- The Mission

Joined to Christ

Baptism = Death: Mark 10:35-39

Galatians 3:23-27 & Romans 6:3-4

Death ⇒ New life in Christ: 2 Cor. 5:14-15, 17

Joined to Christians

Galatians 3:28

1 Corinthians 12:12-27

Joined to Mission

Matthew 28:19-20

God wedded himself you, now you must wed yourself to others

1 John 4:7-12, 20-21

(7-8, 20-21) We should be deeply concerned if we live love-less lives

(9-10) God shows us that love is costly & painful

(11-12) But we must let the gospel melt our hearts to the point that we're willing to love, even when it hurts

To Grow, You Must Flow

Colossians 3:12-15: Notice how love is relational. Every request Paul makes are responses to the challenges living side-by-side with other believers.

--Compassionate: Because we'll be tempted to have stony hearts

--Kindness: Because we'll see things that will set us off

--Humility: Because God wants us to think of ourselves less and Him and others more

--Meekness: Because we'll want to walk over people we perceive as being weaker

--Patience: Because we'll want people to see our brilliance and follow our lead

--Forgiveness: Because we will be sinned against

--Love: Because it's the glue that holds our family together

--Peace: Because we must realize the war is over. Jesus beat sin and death. His victory enables us to move beyond ourselves and live for God and fellow Christians