

BIBLICAL COUNSELING

Week One (Danny Hodges)

- Who is to do counseling? (chapter 8,)
- The crisis in Christian counseling (possibly glean from MacArthur's book)
- The Lord as counselor (Read chapters 1 & 8 before 1st class)
- Homework: Read chapters 2 & 3

Week Two

- Counseling & Discipleship/Sanctification (chapters 2 & 3)
- Homework: Read chapter 4

Week Three

- God's Word in counseling (chapter 4)
- Homework: Read chapters 5 & 6

Week Four

- The Holy Spirit & prayer in counseling (chapters 5 & 6)
- Homework: read chapter 7

Week Five

- Church life in counseling (chapter 7)
- Homework: Read chapter 10

Week Six

- Vital issues for most counseling situations (chapter 10)
- Chapter nine required reading in preparation for this class
- Read chapter 11

Week Seven

- Guidelines for the counseling situation (chapter 11)
- Homework: Read chapters 12-14

Week Eight

- Renewing our mind (chapters 12-14)
- Homework: Read remainder of our textbook

Week Nine

- Spiritual warfare (chapter 15)
- Read remainder of the book for this class

Week Ten

- Counseling Resources (Graham, MacArthur, Driscoll)
- Go over some counseling scenarios

Week Eleven

- Continue from week ten

Counseling God's way:

Intro:

- Section 1 / A Biblical perspective on Counseling
- Section 2 / God's means in counseling
 - Last Week / God's Word
 - This Week / **H.S. and Prayer** (Inextricably, Interwoven)

In Gospels,...Jesus commissions the 12

- **Taste of ministry** / Preach, heal, raise dead, cast out demons
 - Unschooled,
 - little practical training
 - Proudful
 - Achievement based theology,.....**Yet effective in ministry**

Mt. 10, Mark 2, Luke 9 / the 12 get authority,.....
- **Preview of counseling**
 - John 3, 4, 5, 6
 - Note: **What's up w/ Jesus he didn't use Sebastian's method**
 - Conversation w/ nick
 - Conversation w/ woman
 - When he discovered the lame man had been there....
 - He is conversing with the crowd,...(group session)
 - **Jesus simply gets there quicker**

Picture This / Mark 5, Jesus invites us to get into the boat

- Contrast Jesus and us
- Demonic sitting clothed and in his right mind
- **How does Jesus do what He does,.....Starts w/H.S.**
 - **Mk 1:9-11** / Door to public ministry now open
 - H.S. comes upon or Jesus is baptized with,.....
 - **Acts 1:8** / don't leave home without it **(Bookends)**

- **Jesus empowered by/H.S. tells boys,...do the same**
- 1st, Jesus gives them the job description of H.S.
 - **Jn 16:7-11** Literally expose the guilt of the world
 - **Sin**, we are lost
 - **Righteousness**, we don't have any
 - **Judgment**, our thinking about the first 2 is erroneous

1 Cor. 2:12,13 We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. ¹³ This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words.

Note: go to p.79

- **Jn 16:13, 14**
 - **Guide us into all truth**
 - **Take from me / make known to you**
- **Jn 14:26**
 - **Teach us all things**
 - **Bring to our remembrance what He has said**

Prayer:

Note: Jesus is to have our ultimate affection

- Before we can even approach that threshold we have to have the understanding that He is our ultimate sufficiency

Two Scenarios at ZCI

1. Larry From N/A
 - Talks incessantly / Higher Power
 - Marcia's eye / ill prepared
 - Not praying, just irritated (prayer help, settling for sobriety)

2. Guys really down

- ZCI has a larger than normal pop. Of criminally insane
- Lots of meds
- Recently had inmate on inmate murder
- Mood is somber
- Praying,....."in tongues"

Note: When you see God change things right before your eyes,.....

Hoekstra: Praying God's word is safe and effective

- God's will is revealed in His word

Col 1:9 For this reason, since the day we heard about you, we have not stopped praying for you and asking God to fill you with the knowledge of his will through all spiritual wisdom and understanding.

Eph 1:17 I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit^[f] of wisdom and revelation, so that you may know him better.

Eph 3:17 And I pray that you, being rooted and established in love,¹⁸ may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ,¹⁹ and to know this love that surpasses knowledge —that you may be filled to the measure of all the fullness of God.

Tom Teel / walk Ins and a praying partner

Those who don't know God,....

- Greatest Need sounds like,.....
 - Finances
 - Relationships
 - Rebellious Children,...They need to know God
 - They need the Gospel /1 Cor 15:1-4

Those who do know God,....

- Greatest Need sounds like,.....
 - Control temper
 - Filled with fear
 - Stop a life controlling sin

Christianity not to be lived in Stasis,..... moving toward maturity

Weapons of Grace: Brought near by blood

- **Eph.2:13** But now in Christ Jesus you who once were far away have been brought near through the blood of Christ.
 - The marker of those who understand this truth is that when they screw up they don't run from God but they run to Him

Weapons of Grace: Equipped by the Word

- **2Tim 3:16** All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness,¹⁷ so that the man of God may be thoroughly equipped for every good work.
 - Identifying truth, recognizing lies.

Weapons of Grace: Promise of a new covenant

- **Heb.9:15** Christ is the mediator of a new covenant, that those who are called may receive the promised eternal inheritance —now that he has died as a ransom to set them free from the sins committed under the first covenant.
 - Not laboring under a covenant of condemnation
 - Satan wants to keep me under the law,...I'm under Grace